Derby Adult Learning Service

Learning Opportunities for Adults

What will you learn?

Derby Adult Learning Service is here to support you during these challenging times. We have over 125 FREE programmes and sessions available today! Our experienced tutors will help you every step of the way to learn and achieve, meet new people, feel connected, and have fun, all from the comfort of your own home during lockdown. Support with learning is available for learners with difficulties or disabilities.

More sessions are being added all the time to our website – www.adult-learning-derby.org.uk

Enrol online via our website, phone 01332 956 565 or email DALSenquiries@derby.gov.uk

Home-schooling Support

Are you a parent or carer and need some help with home-schooling during lockdown?

We have a range of sessions available to support you and your family, to make learning fun!

- Helping your child with maths
- Helping your child with English
- Learning Italian
- Story telling
- Digital Families and Online Safety
- Learning Spanish
- Easy Baking
- Family Finance
- Science

For more information and to enrol visit www.adult-learning-derby.org.uk
Email our enquiries team DALSenquiries@derby.gov.uk
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Follow us on Twitter @Dalsderby

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Wellbeing Support

Looking after you is vital, and we have something for everyone.

Here are some of our sessions available now!

- Tai Chi for Health and Relaxation
- Mindful Crafts
- Yoga for Health and Vitality
- Gentle Exercises and Relaxation for Health & Wellbeing
- Boost your Personal Resilience
- How to Boost your Immune System
- Drawing for Relaxation
- Creative Doodling to Improve your Mental Health Awareness

Leisure Time

Spend your free time being inspired and motivated with a wide range of leisure courses. So much choice and so much to get involved with!

- Virtual Trips – Mexico, Madrid, Italy
- Languages – French, Italian, Spanish
- Italian through Art, Italian History of Art, Italian Opera
- Bike Ride across Germany & Cycling the Danube
- Food & Culture – Spain & Italy
- Derbyshire Walks, History, Great Little Trains of Wales,
- Guitar Workshop
- Get Creative – Hand Stitching, Colour, Draw & Stitch, Japanese Embroidery, Patchwork & Quilting, Pottery, Recycled Origami Gifts, Chicken Scratch Embroidery
- Basic Chess
- Hershey- Cuba's Chocolate Railway
- Computers and IT
- British Sign Language & Deaf Awareness

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English, Maths and ICT

We have a range of programmes to boost your skills and employability prospects. Many enable you to gain a nationally recognised qualification. Our 'Fast Track' Courses, will help you achieve a qualification quickly, helping you to progress quicker!

- Functional Skills English and Maths (Entry level to level 2)
- Improve your Maths and Excel Spreadsheet Skills
- Fast Track English & Maths
- Managing Your Budget
- ICT Skills for Work or Leisure
- Essential Digital Skills
- ICT Level 1 & Level 2
- Digital Imaging & Photo Workshop
- Improve your Internet Skills
- Internet Safety
- IT for Beginners

Working from Home Support

Are you currently working from home and need some help using different IT programmes? We can help you with a range of hands-on sessions.

- Using Skype for Business
- Using Microsoft Excel
- Using Microsoft PowerPoint
- Using Outlook Email
- Using Outlook Calendars
- Using OneDrive
- Using Microsoft Word

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Short Courses

Our short courses enable you to gain a nationally recognised qualification for FREE! They will boost your skills and employability prospects.

- Introduction to Supporting Children to Learn
- Basic Deaf Awareness
- British Sign Language
- Award in Mental Health Awareness
- Award in Stress Awareness

We also deliver a range of qualifications and short courses such as Counselling, Book Keeping, Teaching Assistants, Health & Social Care, maths, English, and IT, and ESOL.

Employment and Career

Are you furloughed, at risk of redundancy, unemployed or just want to develop your career? Our specialist Employability Team will help you wherever you are in your employment and career journey.

Our range of support includes:

- CACHE Level 2 Certificate in Preparing to Work in Adult Social Care
- Introduction to Childminding
- How to Stand Out in an Interview
- SMART and Effective Application Forms
- Creating a SMART CV
- Getting into Retail
- Getting into Catering & Hospitality
- Getting into Call Centres
- Getting into Transport & Logistics
- Getting into Manufacturing & Engineering

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- Employment Pipelines – We will help you every step of the way to secure a job with Derby City Council.

The Derby Employment Hub is also available to provide one-to-one personal coaching support and advice, to help unemployed people get into work. Phone them on – 01332 640990

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